

Theater Night

March 18, 2014



Our 8th annual theater night features a special performance of **Swing** which celebrates the music of the swing era of jazz (1930s–1946), including many well-known tunes by artists like Duke Ellington, William “Count” Basie, Benny Goodman and others.

As always, the evening begins with an elegant hors d’oeuvres reception with delectable and savory treats from local restaurants, followed by a spirited musical in the intimate Town Hall Arts Center Theater. Every seat in the house is a good one! Bring your friends and join us for an evening out and help drive away hunger in south metro Denver.

Tickets are \$75 each (\$60 is tax-deductible) and available now! We also have a raffle drawing during



intermission for great prizes including a 50” LED HDTV, weekend getaways to Vail and Winter Park, Bronco game tickets, and many more, all valued over \$100. Tickets are \$10 each or 3 for \$25. Call our office at 303-798-7642 to charge by phone, or mail your check to TLC Meals on Wheels, PO Box 3108, Centennial, CO 80161. ☎

Fall Fundraising Appeal Success

Thanks to all who donated during our annual fundraising campaign. This fall’s appeal was our most successful campaign yet! Your contributions help ensure that homebound seniors and disabled adults in our community continue to receive hot nutritious meals and friendly visits

through the cold winter months and into spring. We are currently serving over 315 meals a day; a 12% increase since this time last year! With your support and generosity, we can continue to reach more neighbors in need. ☎

FROM THE EXECUTIVE DIRECTOR



What a generous community you are! We had a tremendous response to our fall mail appeal and holiday giving. Thanks to all who

have donated to help us feed our homebound neighbors.

As many of you heard, the family of Claire Davis named TLC Meals on Wheels as a place to donate in Claire’s honor. The staff, board and volunteers of TLC are heartbroken by the tragic event at Arapahoe High School in December. We are amazed and humbled by the generosity and compassion of our community and the light the Davis family has shone on our organization.

It is always difficult to lose a loved one. A good way to honor those who have left us is to live our life in a way that would make them proud. Sometimes that means getting out of your comfort zone.

To accomplish something you may not have had the courage or incentive to do previously, but now feel it’s important to live your life to its fullest. This was my experience and part of my motivation for accepting the opportunity to be executive director. I’m so glad I did, as the last year has been such a rewarding, fulfilling experience.

I encourage you to get involved in your community. Share your time and talents. Volunteering strengthens the community and helps others who are in need.

As so many of you know, it is a wonderful feeling to make a

— continued on page 2

— continued from front

positive impact in your little corner of the world.

Another way to help others is to donate financially. We often receive donations as tribute gifts ~ in honor or memory of a loved one. You could sponsor a senior by funding daily meals for those unable to pay and with no family of their own to help out.

Regardless of how you choose to do it, celebrate life ~ yours and the memory of those you love.

— *Diane McClymonds*



Thank You Whole Foods at Streets of Southglenn

Did you know TLC Meals on Wheels provides non-perishable groceries to any client who requests them? Our Second Saturday Groceries program began four years ago when Whole Foods at the Streets of Southglenn selected us to receive the proceeds from their Grab and Give campaign in November and December. Some of the groceries, funded through generous community donations, are used in our kitchen for meal preparation. The rest are distributed to our clients the second Saturday of each month by volunteers who include families, high school athletic teams, and people who want to volunteer, but can't deliver meals during the week. We currently distribute about 270 bags each month. We also provide pet food so our clients don't have to share the meals intended for them with their faithful companions.

Whole Foods has continued to support us with their program, now called Feed 4 More. This year in addition to receiving nearly \$40,000 in groceries they have also made a generous cash donation to TLC Meals on Wheels. Thank you to our community partner, Whole Foods, and the generosity of shoppers who help us "feed 4 more" and then some! ☺

More Than Just a Meal

One of the added rewards of being involved in the TLC Meals on Wheels program occurs when volunteers and clients become friends. Such has been the case with drivers Lynn and Joan Johnson and client Rosaleen— "Roma" to her friends and family. As they



have discovered over the past several years a shared love of music, plays, concerts, pets, gardening and other interests, their relationship has blossomed into one of friendship.

Last summer Roma's beloved orange cat Brian became lost. Roma was heartbroken, and so when a call came from a nearby veterinarian's office saying that Brian had been found, but that they needed her permission to provide medical care for him, Roma quickly agreed, not realizing how expensive this care might potentially become. Despite nearly \$2500 in medical care, poor Brian passed away within days. Faced with pressure from the vet's office to pay the bill in full, Roma - in a panic - used the money she had long been saving to pay for a hearing aide to instead pay the vet. Learning of this situation, several of the other route drivers were so dismayed that a flurry

of phone calls and e-mails ensued, and soon former TLC Board Member Alex Bascik, who is also a member of Sertoma, successfully used his connections to get fellow Sertoman and audiologist Dr. Bruce Schachterle to agree to fit Roma with a hearing aide at a very reduced cost. Since then, the Johnsons have driven Roma a number of times to Dr. Schachterle's office for molds, fittings, and adjustments of her new hearing aide. At last Roma is again enjoying all the things that the hearing world offers.

Not stopping there, Joan, who also volunteers for Every Creature Counts, an animal rescue group, found a new cat for Roma to replace the sad void in her life left by Brian's untimely passing. Now Roma and her new orange tabby, Penny,



are lovingly bonded to each other. And thanks to the efforts of Dr. Schachterle and the

Johnsons, Roma

can now hear her new pet companion meow and purr. Roma and the Johnsons are looking forward to the upcoming summer concert season and the added enjoyment that Roma will have with her new-found hearing.

The benefit of being involved with TLC Meals on Wheels often goes far beyond that of receiving a daily meal and a friendly visit every noon, as these three friends will attest. It's more than just a meal! ☺

Basketball Stars

Thank you Arapahoe High School Boys' Basketball Team for supporting TLC Meals on Wheels with a paper product drive in November, food drives in February and June and support for our 12 Days Holiday gift program every December since 2009! We appreciate and value your partnership and ongoing support.





Community Food Drives

Our Second Saturday Groceries program is supplemented with food received from community food drives. A number of organizations have recently helped collect food for us. Thank you to DTC Young Professionals Rotaract Group and the Columbine Boys' Lacrosse team who spent weekends at grocery stores encouraging folks to buy extra grocery items. Thank you also to McAfee/Intel Security whose staff donated peanut butter and jelly. We are also grateful to the Arapahoe Ball Kickers (aka boys' soccer team), who spent the first weekend of the new year at the King Soopers across from their school collecting food and donations in honor of their fallen classmate, Claire Davis.



Arapahoe Ball Kickers



Columbine Lacrosse Team



DTC Young Professionals Rotaract Group

If your group would like to get involved in helping drive away hunger, please send us an email: info@tlcmealsonwheels.org or contact Maria at 303-798-7642. ☎

Client Profile

CLIENTS RESIDE IN

Littleton

Englewood

Centennial — Greenwood Village

Sheridan

Jefferson County

CLIENTS AGE PROFILE

30s <1%

40s 1%

50s 11%

60s 17%

70s 23%

80s 33%

90s 13%

Over 100 1%

CLIENTS BY GENDER

Male 131

Female 226

TOTAL 357

COST

Daily \$4.00

Monthly \$85.00

TLC meets needs regardless of a client's ability to pay.

BOUNDARIES

County Line Road to northern border of Englewood and western C-470 east to I-25.

12 Days of Holiday Gifts

For 12 Days in December each of our clients receive a wrapped gift along with their daily meal. For some clients these are the only presents they get during the holiday season. The gifts are a community project. These are small, useful items which are so appreciated by our clients. One called to say, "You know exactly the right gifts to send! How did you know I really needed that?!" This year's gifts included a live poinsettia, a kitchen towel, a jar gripper, a magnifier, toiletry items, a holiday door decoration, a placemat and more!

Thank you to all who helped collect, donate, wrap, decorate gift bags, make tray favors, organize and deliver over 3600 presents!

We extend much gratitude to the following groups and people who

made this possible: Arapahoe High School Basketball Team, Cherry Creek High School Interact Club, City of Englewood, City of Littleton, DD Walsh, First Presbyterian Church of Littleton, Holy Trinity Lutheran Church, Janell Zaborowski, Joan Deheck, John F. Kennedy High School, Judith Rinas, Kathy Kreidler, Laine Thomas, Lisa Bremner, Littleton United Methodist Church, Liz Spurr, Marcia Pfister and Delores Valdez, Eagle Scout Matthew Smith, Michelle Milash and friends, Our Father Lutheran Church Sunday School, Peabody Elementary School, Powell Middle School National Junior Honor Society, St. Andrew United Methodist Church, TLC Meals on Wheels Drivers, and Women of Grace Presbyterian Church. ☎

Yes! I will help TLC Meals on Wheels.

I would like to sponsor an individual:

- \$1,020 annually \$510 semi-annually
 \$255 quarterly \$85 monthly

I would like to commit to a monthly donation of:

- \$10 \$25 \$50 \$100
 Other _____

My business or corporation would like to make a donation.

Name: _____

Phone: _____

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

*Please make checks payable to TLC Meals on Wheels.
P.O. Box 3108 Centennial, CO 80161-3108*

Meals on Wheels is a 501(c)(3) non-profit corporation.

TLC at LPS

TLC Meals on Wheels has operated from the repurposed Littleton Public Schools Ames building for over 4 years. We recently relocated our office within the building. Our entire operation is now housed in one wing near the kitchen. We have a spacious office with cubicles that offer more work space and provide room for growth. We also have a new "volunteer lounge" where our drivers can visit together in comfort and share helpful ideas and suggestions while their meals are being packed for delivery. Additionally, we invested in a new phone system with multiple incoming lines. This upgrade ensures that drivers are less likely to get a busy signal when they are out delivering and need to communicate with us in a timely manner.

We thank Littleton Public Schools for being wonderful landlords and collaborative partners as we collectively serve our community. We are grateful to them for sharing their kitchen with us so that we can fulfill our mission of providing nutritious meals to our homebound neighbors. ☺

MEALS ON WHEELS
Post Office Box 3108
Centennial, CO 80161
(303) 798-7642
info@TLCMealsOnWheels.org
www.TLCMealsOnWheels.org



Non-Profit Org.
U.S. Postage
PAID
Permit 1075
Denver, CO